## **UCSB Campus Resources**

Student Needs	Program to contact	Contact Information	Office location
Challenges being first-year, first-generation and/or under-represented minority student	ONDAS Student Center (Opening New Doors to Accelerating Success)	(805) 893-5009 http://ondas.ucsb.edu/	1150 Kerr Hall
General stress  Mental health issues (e.g., anxiety, depression, sleep difficulties)  Difficulties in relationships (e.g. family, romantic partner, friends, roommates) that cause distress or are impacting functioning (academic, social, physical, mental health)	Counseling and Psychological Services (CAPS)	(805) 893-4411 http://caps.sa.ucsb.edu/	CAPS office (Building 599) Pink building near Storke Tower. Shares the building with Career Services.
Future career concerns, resumes, mock interviews, campus jobs	Career Services	(805) 893-4412 http://career.sa.ucsb.edu/	Career office (Building 599)
Financial Aid     Loans     Work Study	Office of Financial Aid & Scholarships (Financial Aid)	(805) 893-2432 https://www.finaid.ucsb.edu/	Student Affairs and Administrative Services Bldg (SAASB), Room 2103
Physical health issues	Student Health Services	Appointments: (805) 893-3371 General Health: (805) 893-5361 Psychiatry: (805) 893-3087	Student Health Building, (El Colegio Road)
Complicated health issues (e.g., out of county or limited health insurance, multiple health needs & provider coordination, etc.	Social Work Services	(805) 893-3087 http://studenthealth.sa.ucsb.edu/ behavioral-health/social-work	Student Health Building, (El Colegio Road) & Gaucho Supprt Center in I.V. 970 Embarcadero Del Mar
Alcohol or drug-related issues	Alcohol & Drug Program (ADP)	(805) 893-5013 https://alcohol.sa.ucsb.edu/	Student Health Bldg (El Colegio Rd.) & Embarcadero Hall, Room 1110
Food insecurity     CalFresh benefits	Associated Students Food Bank	(805) 893-2276 https://foodbank.as.ucsb.edu/	University Center (UCEN), Room 3167 A
<ul> <li>Issues related to sexual assault, interpersonal violence, stalking</li> </ul>	Campus Advocacy Resource & Education (CARE)	(805) 893-4613 http://wgse.sa.ucsb.edu/care/home	Student Resource Building (SRB), Room 1220 & Gaucho Support Center in I.V. 970 Embarcadero Del Mar
<ul> <li>Testing accommodations (e.g., longer time to take tests, separate/quiet room, etc.)</li> <li>Accommodations for learning disabilities, reading services, mobility issues, notetakers, etc.</li> </ul>	Disabled Students Program (DSP)	(805) 893-2688 http://dsp.sa.ucsb.edu/	Student Resource Building (SRB), Room 2120
<ul> <li>90-minute study skills workshops (making a study plan, time-management, taking better exams, getting more out of your time spent reading &amp; in lecture, drop-in writing, ESL and language tutors)</li> <li>Individual study skills assessments</li> <li>Math-Science, Bio-Chem, and Econ group tutorials</li> </ul>	Campus Learning Assistance Services (CLAS)	(805) 893-3269 or schedule an appointment online: http://clas.sa.ucsb.edu/	Student Resource Building (SRB), Room 3210
Challenges being a first generation college student	Educational Opportunity Program (EOP)	(805) 893-4785 http://eop.sa.ucsb.edu/home	Student Resource Building (SRB), Room 2210
Challenges being an international student	Office of Interational Students & Scholars	(805) 893-2929 http://oiss.sa.ucsb.edu/	Student Resource Building (SRB), Room 3130
Challenges being a transfer student	Transfer Student Center (TSC)	(805) 893-2038 http://transfercenter.ucsb.edu/home	Davidson Library, first floor Ocean wing

Multiple resources in one building are color-coded as follows: Student Resource Bldg, Student Health Bldg, Counseling & Career Services, Bldg 599.